



# SACRED HEART PARISH

**Sunday 10th August 2025**  
**19th Sunday in Ordinary Time**



**Priest: Kieran C.P.**

**Deacon: Joe Baxter**



**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org)

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon -Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://www.sacredheartparishbelfast.com>

**Webcam:** <https://www.sacredheartparishbelfast.com/Webcam>

## ~Mass Times~

**Saturday Vigil:** 6.00pm: Donna & Charlie O'Halloran Anniversary Mass

**Sunday Masses:** 9:30am Tom Morgan Anniversary Mass  
11:30am: Innocentia McMullan Anniversary Mass

**Weekday Masses:** Monday 10:00am: Benoy Augustine Anniversary Mass  
Tuesday 7:00pm: Novena :  
Wednesday 10:00am:  
Thursday 10:00am: Emma O'Rawe Anniversary Mass  
Friday 10:00am

**Confessions & Adoration:** Saturday: 5:00pm - 5.45pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

## ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm.  
Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

11<sup>th</sup> - St. Clare

14<sup>th</sup> - St. Maximilian Kolbe

15th - Assumption of the Blessed  
Virgin Mary

### ~Sanctuary Candles~

The Foley Family  
Maura & Peter Hanna  
Eamonn Farrelly

*A Donation of £5 per candle is greatly appreciated*

### ~Recently Deceased~

Mary Ellen Uprichard  
Nicola O'Neill  
Mona McErlean  
Kevin Demarest  
Nancy Baker

*Eternal rest grant unto them, O Lord*

### ~Weekly Collection~

£1215.98

### ~Monthly Offering~

£388.62

Thank You For Your Generosity

### ~Anniversaries~

Lily Canavan  
Kieron McFall  
Sean McMahon  
Tommy McDyre  
John Hale

*Eternal rest grant unto them, O Lord*

### ~Baptisms~

Conan Kevin Maxwell  
Cillian James McAteer  
Cáeleb Matthews  
Rea McCavanagh


*Welcome into our Community*

## ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
**( Micah 6:8)**

## DATES FOR YOUR DIARY

 <div style="position: absolute; top: 10%; left: 10%; border: 1px solid black; border-radius: 50%; padding: 5px; text-align: center;"> <p>Blessed Mother</p> <p style="font-size: 0.8em;">HEART OF LOVE, HEART OF MERCY, EVER LISTENING, CARING, CONSOLING, HEAR OUR PRAYER.</p> </div>	<div style="border: 2px solid blue; border-radius: 15px; padding: 10px; background-color: #fff9c4;"> <p style="color: red; font-weight: bold; font-size: 1.2em;">August Devotion: The Immaculate Heart of Mary</p> </div>	<p style="color: #000080; font-weight: bold; font-style: italic;">Immaculate Heart of Mary</p> <p style="color: #000080; font-style: italic;">Dwelling pure and holy, cover my soul with your maternal protection, so that being ever faithful to the voice of Jesus, it responds to His love and obeys His Divine will.</p> <p style="color: #000080; font-style: italic; text-align: center;">Amen</p>
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**Bishop Noel Treanor** – 1st Anniversary Mass St Peter's Cathedral Tuesday August 12th @ 7.30pm

**Men's Jubilee Camino** - Men's hike - Sat Sept 13th 20kms, on greenway, from Dominican abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on [www.dominicans.ie/events/](http://www.dominicans.ie/events/). €70 (Lunch, dinner & bus), over 18's male event. Enquiries to

**Hours of Prayer for Vocations to the Diocesan Priesthood.** All are warmly invited to St Colmcille's, Ballyhackamore, Thursday 22nd August, beginning with Mass at 9:30am, for a 24-hour vigil of prayer for vocations to the diocesan priesthood. Come for any part of the day or night. Adoration, Confession, and refreshments available throughout. Our Diocesan Seminarians will be present, and parish groups are encouraged to take part. To sign up or for more info, contact Fr Conor McGrath at [c.mcgrath@downandconnor.org](mailto:c.mcgrath@downandconnor.org)

**St Agnes' Choral Society** proudly presents the Irish amateur premiere of the smash-hit musical *Come From Away* at the Lyric Theatre, Belfast, from 4-15th September 2025. This remarkable true story is filled with hope, humanity, and heart, telling how a small town in Newfoundland welcomed stranded airline passengers in the wake of 9/11. Uplifting, moving, and filled with joyful music, *Come From Away* is a celebration of kindness and community. Book now at [lyrictheatre.co.uk](http://lyrictheatre.co.uk) or call 028 9038 1081

**Abide in His Love Women's Conference Nov 21-23.** The Great Northern Hotel, Bundoran Co. Donegal. An Amazing event for women exploring the beauty & gift of their feminine identity in Christ. Guest Speakers include: Sr. Mary Madeline Todd OP (USA), Megan Madden from 'A Mother's Lace' (USA/UK), Fr. Barry Braum, Fr. Mark Wharton (UK), Fr. Francesco Mary Gavazzi, CFR, the Nashville Dominican sisters, & Mass with Archbishop Eamon Martin. More speakers to be announced. Check out Eventbrite for tickets & more information. Not to be missed!

**Climate Hope in Action: Faith and Community Voices Urged to Engage in NI Climate Plan Consultation.** As Northern Ireland's Department of Agriculture, Environment and Rural Affairs (DAERA) opens public consultation on its first statutory Climate Action Plan, citizens, faith groups and community organisations are being called to bring their voices to the table. Consultation runs until Tues, 24 Sept. 2025, organisations across the region—from parishes, rural networks, youth groups, local councils—are being encouraged to contribute. "The Letter – A Message for Our Earth": A documentary film from the Laudato Si Movement, inspired by Pope Francis' 2015 encyclical *Laudato Si'* can be found at <https://theletterfilm.org/>

**Legion of Mary.** Monday, 7.30pm, Church of the Immaculate Heart of Mary, Antrim Road, Thursday evening, The New Lodge Grotto for the Rosary.

**Chatty Café.** Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**Ladies Pensioners Group** meet every Thursday at 2pm in the Parish Centre

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0800 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee